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# In The Money! *we're*

3 TIPS TO TURN YOUR FINANCIAL  
WINTER WOES INTO SPRING BLING!  
(YEAH, BABY!)

by Dr. Venus Opal Reese





*Don't you just hate February?*

*No, no—not because of the over commercialization of love, hearts, and kisses...*

*...but because you have to face the bills for money you spent during the winter holidays.*

*Think about it.*

*You lived it up, partied like a rock star for the New Year, and spent on Christmas like you were the original St. Nick.*

*And, in February, you get the bill. Then you start to sweat.*

*Yep. February sucks.*

*So how do we (trust me, you are NOT alone here; I just got married and wouldn't even look at the bill until Feb. 1) turn our winter wonderland worry into spring bling?*

*Here are three Defy Impossible tips to get you back in the money!*

**01 Confront your money:** Yes, I said it. Confront. The first step to recovery is admitting you have a problem. Open your credit card statements. Look at your bank statements. Write down the total amount owed. And breathe. You can't move forward if you don't know where you stand. No self-flagellation. You didn't do anything wrong. Trust me, money can always be made, saved, and grown. Don't guilt-trip. Giving Grandma that surprise gift: priceless.

**02 Apologize to your money:** I know this sounds nuts, but you need to make friends with money. And when you take any friend for granted, there are consequences. Money is energy, and if you want it to work for you, you are going to have to heal your relationship with it. So take some time to write an apology letter to money for abusing it. And ask for forgiveness—with money and with yourself.

**03 Create new money:** There are things you are doing right now that people would pay you for. Make a list of things you LOVE to do, who needs them, and how much you want to charge. Include how much new money you would like to bring in to cover your holiday spending spree. Or you can always get a part-time job to take care of the bills. My point is this: don't try to stretch your money—bring in new money.

Confronting, apologizing, and creating new money will transform your relationship with money, build your economic character, and teach you to invent new streams of income. By so doing, your winter money worries will bloom into big bucks in the spring—and for seasons to come.

**About the author:**

Dr. Venus Opal Reese is a staggeringly effective Business Coach and Mentor for Black Women, teaching purpose-driven high-achieving sisters (who've walked through life's fire) how to create, grow, or leverage a 6- or 7-figure business that is rooted in their worth. Because she too has walked through life's fire—and turned it into a proven business model that generates millions for her clients—she knows what it takes to produce unprecedented results. Visit [defyimpossible.com](http://defyimpossible.com) today for free training and more information.

