

HOW TO ATTAIN A SPIRIT OF EXCELLENCE

heart&soul

MIND, BODY & SOUL

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MYTHS &
MISCON-
CEPTIONS



Family Matters



Is Your Soul Wealthy or Rich?

By Dr. Venus Opal Reese

“Broke is a spiritual condition. It means no matter how much money you do or don’t have, internally there are wounds that keep you from thriving and experiencing the goodness of life.”

Have you ever wonder why when someone wins millions in the lottery, within a few years they lose it all?

Or how MC Hammer made \$30 million and lost it in record time?

Or how someone as successful as Whitney could leave us so tragically?

The answer is obvious: there is a difference between “poor” and “broke.”

Poor is a tangible condition. It means that when the rent is due, you don’t have the money in hand to pay the bill. You may have to hustle or work the graveyard shift, but you know that you will get the money.

Being “broke” is a spiritual condition. It means no matter how much money you do or don’t have, internally there are wounds that keep you from thriving and experiencing the goodness of life.

Being broke is when something at the soul level is “broken,” and it shows up in never being satisfied.

Just as there’s a difference between poor and broke, there’s a HUGE difference between “wealthy” and “rich.”

Rich is when you have a lot of “stuff.” It’s something you can touch, see, taste. From whipped cream to a perfectly cut marquise diamond, rich is a tangible item that can be readily pointed to on any given day.

Wealth is different. Wealth or “being wealthy” is a spiritual condition. A soul that is wealthy is a soul that is well. It radiates from the inside out its awareness of the beauty of being alive. It revels in the sun-kissed cheek of a child, grandpa’s toothless laugh, or your beloved’s scented skin soft beneath your lips.

Simply put: there are many people who are “rich” that are not “wealthy”—as many as there are folks who are “poor” but not “broke.”

In terms of money, a rich person will spend their money on “stuff” to make them feel like they are “somebody.” A person who is wealthy will have such a strong sense of purpose, gratitude, and vision, that she will invest, save, or plan how to leverage

money so that it becomes a tool to fulfill her destiny.

Rich is needy, seeking immediate gratification; wealthy is patient, calculating delayed satisfaction.

To be financially well means to choose to be wealthy, which really means choosing to be whole at the level of Spirit. Ironically, when you focus on being wealthy, riches NATURALLY come.

Wealthy or rich—which are you?

About the author:

Dr. Venus Opal Reese is a staggeringly effective Business Coach and Mentor for Black Women, teaching purpose-driven high-achieving sisters (who’ve walked through life’s fire) how to create, grow, or leverage a 6- or 7-figure business that is rooted in their worth. Because she too has walked through life’s fire—and turned it into a proven business model that generates millions for her clients—she knows what it takes to produce unprecedented results. Visit <http://defyimpossible.com/> today for your free training and more information.